

News Notes.

James M. Barr resigned as president of the Seaboard Air Line Railway Company, and Alfred Walter, of Baltimore, was elected his successor. The outlook for an agreement between the hard-coal miners and operators is considered good, the miners being disposed to make concessions. In the bituminous region the miners are slow getting to work, even where the operators have signed.

The Irish Sentry.

An Irish soldier on sentry duty had orders to allow no one to smoke near his post. An officer with a lighted cigar approached, whereupon Pat boldly challenged him, and ordered him to put it out at once. The officer with an air of disgust threw away his cigar, but no sooner was his back turned than Pat picked it up and quietly retired to the sentry box.

The officer happening to look around observed a beautiful cloud of smoke issuing from the box. He at once challenged Pat for smoking on duty.

"Smoking, is it, sur? Bedad, and I'm only keeping it lit to show to the corpora when he comes as evidence agin' you."

Time Lost by Spectacles.

Dr. Abraham Huntsinger has just given out a table relative to the time lost by persons wearing glasses. He says it's mostly time wasted, and costly time to some. Dr. Huntsinger bases his figures on the study of mankind for years.

He says the people who wear spectacles remove them and put them on again at least five times a day, and figures that 20 seconds are required for each such operation.

The man or woman who carries glasses for a period of twenty-five years (the period being placed low by the doctor) will lose thirty-two days of eight hours each as a result of the habit to take off and replace eyeglasses.—Indianapolis News.

As He Was Told.

"What was the cause of that awful racket and disturbance in your office just before you came this morning?" asked one lawyer of another.

"You know that young farmer's son who came yesterday to begin the study of law with me?" said the man addressed.

"Yes."

"Well, I thought he might as well begin at the bottom of the ladder, and I told him that when he arrived this morning the first thing for him to do would be to clear out the office. He found there half a dozen people waiting to see me on business, and he bundled out the lot!"

GETTING RID OF MOTHS.

Upholstered furniture can be kept free of moths by taking the furniture out doors once a month and beating it thoroughly with strips of ticking about an inch wide attached to a piece of broom handle. Should one hit the hard wood with this it will not mar it, while the regular rattan and wire beaters mar more furniture frames, ruin more covers and break up more inside fillings than a dozen children could do. The main reason we have moths is we are always going to beat out our upholstery furniture, but rarely get around to it. Clothing, including furs, to be stored in the wardrobe during summer, can be kept entirely exempt from attack if put into new flour sacks, linen sacks or anything of that nature and tightly tied so that a moth can not enter at the mouth. Chests serve the same purpose when tight enough to prevent moths from entering.

The boilers of the battleship Virginia have been changed and improved at the Newport News yards.

Generally speaking the smaller a man is the larger his troubles seem to be. So. 15-106.

DECAYED STARCH.

A Food Problem.

An Asheville man tells how right food did that which medicines had failed to accomplish:

"For more than 15 years," he says, "I was afflicted with stomach trouble and intestinal indigestion, gas forming in stomach and bowels and giving me great distress. These conditions were undoubtedly due to the starch food I ate, white bread, potatoes, etc., and didn't digest. I grew worse with time, till, 2 years ago, I had an attack which the doctor diagnosed as appendicitis. When the surgeon operated on me, however, it was found that my trouble was ulcer of the pancreas, instead of appendicitis."

"Since that time I have had several such attacks, suffering death, almost. The last attack was about 3 months ago, and I endured untold agonies."

"The doctor then said that I would have to eat less starch stuff, so I began the use of Grape-Nuts food for I knew it to be pre-digested, and have continued same with most gratifying results. It has built me up wonderfully. I gained 10 pounds in the first 8 weeks that I used Grape-Nuts, my general health is better than ever before, my brain is clearer and my nerves stronger."

"For breakfast and dinner, each, I take 4 teaspoonfuls of Grape-Nuts with cream, a small slice of dry toast, an egg soft boiled and a cup of Postum; and I make the evening meal on Grape-Nuts and cream alone—this gives me a good night's rest and I am well again." Name given by Postum Co., Battle Creek, Mich.

There's a reason. Read the little book, "The Road to Wellville," in pkgs.



Has Official Sanction.

THREE years ago the President of the United States gave his endorsement to national aid in highway improvement, and declared in a public speech that it was help the people have a right to demand of the general government. That was in 1903. Since then the patriotism, intelligence, progressive spirit and business sense of the country has quickened in response, and from one end of the land to the other the good roads campaigns have been lighted on hillside and in valley. The actual loss and inconvenience to the country through the lack of decent means of communication between town and country, town and town in the interior, between the homes of the people and the markets, between the homes and church-houses and schoolhouses, is so immense that it cannot longer be borne, and the people are becoming aroused as they have not been on any subject since the close of the Civil War. Every thinking person realizes that governmental aid and supervision in road construction is an absolute national necessity. Every thinking person knows that State systems will continue to fall short of adequate remedy for the great trouble of bad roads, as State systems have failed for seventy-five years past except in two or three of the wealthier States. Some good road work has been done in a few States, notably in New York, a State of great cities, where the city property is taxed with other property, and money is abundant for the purpose. But there are few States able to do what New York can do for highways, and nearly all of the forty-five States of the Union realize their helplessness in this respect. It does seem as if there should be no hesitation about the enactment of the Brownlow-Latimer-good roads bill. It provides for only reasonable assistance in getting the work under way, and certainly if the government can spend money for road building in Porto Rico and the Philippines, as it has been liberally doing, the Representatives of the people ought not to deny relief to the States at home. The plan proposed is neither extravagant nor burdensome. It is a plain, practical business proposition and the demand for this legislation is growing stronger all the time. It has, too, the sanction of eminent officials of the government.—Brooklyn Uptown Weekly.

Crushed Stones For Roads.

In our trip through a portion of Butler County, Ohio, a few weeks ago we frequently noticed long piles of limestone in irregular sized blocks along the road side. They were gathered on the hill sides and hauled there by the farmers, to be crushed for repairing the roads. After the thrashing is finished the traction engines are hired to run the crushers, and these long piles of stone are soon put in shape to keep up the fine roads that are so common throughout the Miami valley.

There are many sections of this State where stone is as abundant as in that section and where the same plan for road improvement ought to be adapted. Professor Blatchley, our State Geologist, in his next report will give much attention to the road making materials of the State, and he will give his preference for crushed stone. He says:

"My experience has been that, in the long run, the crushed stone road, if properly made, is far superior to the gravel road. The stone road wears down more evenly, and will outlast the best of gravel roads. That is, always, of course, if the stone road is properly made."

"In the first place, the roadbed should be at least ten inches deep. The lower six inches deep. The lower six inches should be of the larger stones, though these should be of a size that would pass through a two-inch screen. The upper four inches should be smaller stone, that which will pass through an inch or an inch and a half screen. This should be packed with a steam roller, and with proper drainage at the side this will make an excellent road. If good rock is available, that is, within hauling distance, the cost will be about \$2000 a mile."—Indiana Farmer.

To Be Reckoned With.

The tourist has come to the front as a factor to be reckoned with in all good roads movements. The State of New York has voted a bond issue of fifty million dollars to make a system of highways. When this money has been spent, New York will swarm with more automobiles than any other like area in the world. All over the country, as highways are improved, the well-to-do farmers and dwellers in small towns will join the ranks of the tourists. Fifty thousand gas engines are used to drive farm machinery in the United States. Their owners are learning the advantages of machine power over horse power, and they will use this power for traveling in steadily increasing numbers. Even with roads which have survived the dark ages, the tourist in America is driving his car on holiday journeys of five hundred or a thousand miles, where a few years ago he would have hesitated to venture a hundred miles from home. This is partly because of the vast ingenuity evolved to make him comfortable along the way.—Collier's Weekly.

A LIVING DEATH.

Vividly Described by a Citizen of Sioux Falls, South Dakota.

Andrew Johnson, 411 West Twelfth St., Sioux Falls, S. D., says: "Doan's Kidney Pills saved my life. My doctor, from a careful analysis of the urine and a diagnosis of my case, had told me I could not live six weeks. I was struck down in the street with kidney trouble, and for a whole year could not leave the house. I lost flesh, my eyes failed me, I bloated at times, my back hurt and I suffered a living death. There seemed no hope until I began using Doan's Kidney Pills. Then I began to improve. The pain left gradually, the swellings subsided, I gained appetite and weight, and to make a long story short, I got well!"

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

King Philip VI of Spain collected dwarfs, and many diminutive specimens of humanity were sent him on his birthdays.

L. & M. L. & M. L. & M. L. Buy L. & M. Paint and get a full gallon. Weighs 10 to 15 years, because L. & M. Zinc hardens L. & M. White Lead and makes L. & M. Paint white like iron. 4 gallons of L. & M. mixed with 3 gallons oil will paint a moderate sized house. C. S. Andrews, Ex-Mayor, Danbury, Conn., writes: "Painted my house 19 years ago with L. & M. Looks well to-day."

PAINT YOUR HOUSE.

15 per cent. commission allowed to any resident where we have no agent, on sale of L. & M. to property-owners, at our retail price. Apply to LONGMAN & MARTINEZ, Paint Makers, New York.

Sin sets the will of one before the well-being of all.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer, \$3 trial bottle and treatment free. Dr. R. H. Kline, Ltd., 381 Arch St., Phila., Pa.

A naturalist has been making observations on the toilets of certain ants.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

They have a queer way of holding auctions in Japan.

Cures Cancer, Blood Poison and Rheumatism.

If you have blood poison producing eruptions, pimples, ulcers, swollen glands, bumps and rashes, burning, itching skin, copper-colored spots or rash on the skin, mucous patches in mouth or throat, falling hair, bone pains, old rheumatism or foul catarrh, take Botanic Blood Balm (B. B. B.). It kills the poison in the blood; soon all sores, eruptions heal, hard swellings subside, aches and pains stop and a perfect cure is made of the worst cases of Blood Poison.

For cancer, tumors, swellings, eating sores, ugly ulcers, persistent pimples of all kinds, take B. B. B. It destroys the cancer poison in the blood, heals cancer of all kinds, cures the worst humors or suppurating swellings. Thousands cured by B. B. B. after all else failed. B. B. B. composed of pure, potent ingredients. Improves the digestion, makes the blood pure and rich, stops the awful itching and all sharp, shooting pains. Thoroughly tested for thirty years. Druggists, \$1 per large bottle, with complete directions for home cure. Sample free and prepaid by writing Blood Balm Co., Atlanta, Ga. Describe trouble and free medical advice also sent in sealed letter.

Every man thinks he helps a lot more than others help him.

Sleeping Place for Cats.

For cats as well as dogs, the neatest sleeping place is a strong, closely-woven wicker basket. Favorite pets have a basket with a curving canopy top, decked out with a big satin bow and carpeted with a rug of white goat's hair. Simpler baskets are round and flat and show a deep opening at one side. A soft blanket should always be laid in the bottom of these and made fresh and clean at least once a week, says the Philadelphia Record.

A pet cat is so very tidy about her own appearance that she requires less attention than a canary or a dog. As a kitten, a dish of milk should be placed where she can always take a drink. An older cat always likes a bowl of milk kept filled for her in the kitchen, while the scraps from the table comprise the remainder of her nourishment. Scarcely any meat should be given in a cat's diet during winter.

Truly Rural.

The seventeen-year-old daughter of a certain Wall street man recently visited for the first time the fine farm in Dutchess County for the past year owned by her father. The girl immediately became greatly interested in the prize cattle that are the especial pride of her parent, and she asked many questions relative to their breeding, etc. One evening, just at dusk, as the girl was standing on the veranda of the farmhouse, talking to the manager, there came the low, mournful note of a cow.

"Just listen to that poor cow," said the girl to the manager, "mewing for her colt!"—Harper's Weekly.

BOX OF WAFERS FREE—NO DRUGS—CURES BY ABSORPTION.

Cures Belching of Gas—Bad Breath and Bad Stomach—Short Breath—Bloating—Stomach Eruptions—Irregular Heart, Etc.

Take a Mull's Wafer any time of the day or night, and note the immediate good effect on your stomach. It absorbs the gas, disinfects the stomach, kills the poison germs and cures the disease. Catarrh of the head and throat, unwholesome food and overeating make bad stomachs. Scarcely any stomach is entirely free from taint of some kind. Mull's Anti-Belch Wafers will make your stomach healthy by absorbing foul gases which arise from the undigested food and by re-enforcing the lining of the stomach, enabling it to thoroughly mix the food with the gastric juices. This cures stomach trouble, promotes digestion, sweetens the breath, stops belching and fermentation. Heart action becomes strong and regular through this process.

Discard drugs, as you know from experience they do not cure stomach trouble. Try a common-sense (Nature's) method that does cure. A soothing, healing sensation results instantly.

We know Mull's Anti-Belch Wafers will do this, and we want you to know it. This offer may not appear again.

4146 GOOD FOR 25c. 142

Send this coupon with your name and address and your druggist's name and 10c. in stamps or silver, and we will supply you a sample free if you have never used Mull's Anti-Belch Wafers, and will also send you a certificate good for 25c. toward the purchase of more Belch Wafers. You will find them invaluable for stomach trouble; cures by absorption. Address: MULL'S GRAPE TONIC CO., 323 3d Ave., Rock Island, Ill.

Give Full Address and Write Plainly.

All druggists, 50c. per box, or by mail upon receipt of price. Stamps accepted.

Celery is the cultivated variety of the English weed, smallage.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & Co., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

W. & T. A. & T. A. Wholesale Druggists, Toledo, O.

WALDING, KINMAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price, 75c. per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

Truth and honesty have but little in common with diplomacy.

HANDS RAW WITH ECZEMA.

Suffered For Ten Years—Spread to Body and Limbs—Cured by the Cuticura Remedies.

"I had eczema on my hands for ten years. At first it would break out only in winter. Then it finally came to stay. I had three good doctors to do all they could, but none of them did any good. I then used one box of Cuticura Ointment and three bottles of Cuticura Resolvent, and was completely cured. My hands were raw all over, inside and out, and the eczema was spreading all over my body and limbs. Before I had used one bottle of Cuticura Resolvent, together with the Ointment, my sores were nearly healed over, and by the time I had used the third bottle I was entirely well. I had a good appetite and was fleshier than I ever was. To any one who has any skin or blood disease I would honestly advise them to get the Cuticura Remedies, and get well quicker than all the doctors in the State could cure you. Mrs. K. E. Falin, Speers Ferry, Va., May 19, 1905."

Hope opens the way to success.

Women in Our Hospitals

Appalling Increases in the Number of Operations Performed Each Year—How Women May Avoid Them.



Going through the hospitals in our large cities one is surprised to find such a large proportion of the patients lying on those snow-white beds women and girls, who are either awaiting or recovering from serious operations.

Why should this be the case? Simply because they have neglected themselves. Female troubles are certainly on the increase among the women of this country—they creep upon them unawares, but every one of these patients in the hospital beds had plenty of warning in that bearing-down feeling, pain at left or right of the abdomen, nervous exhaustion, pain in the small of the back, dizziness, flatulency, displacements of the organs or irregularities. All of these symptoms are indications of an unhealthy condition of the female organs, and if not heeded the penalty has to be paid by a dangerous operation. When these symptoms manifest themselves, do not drag along until you are obliged to go to the hospital and submit to an operation—remember that Lydia E. Pinkham's Vegetable Compound has saved thousands of women from surgical operations.

When women are troubled with irregular, suppressed or painful periods, weakness, displacement or ulceration of the organs, that bearing-down feeling, inflammation, backache, bloating (or flatulency), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, "all-gone" and "want-to-be-left-alone" feelings, they should remember there is one tried and true remedy.

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

The following letters cannot fail to bring hope to despairing women.

Miss Ruby Mushrush, of East Chicago, Ind., writes:

"Dear Mrs. Pinkham:—I have been a great sufferer with irregular periods and female trouble, and about three months ago the doctor, after using the X-ray on me, said I had an abscess and would have to have an operation. My mother wanted me to try Lydia E. Pinkham's Vegetable Compound as a last resort, and it not only saved me from an operation but made me entirely well."

Mrs. Alice Berryhill, of 313 Boyce Street, Chattanooga, Tenn., writes:

"Dear Mrs. Pinkham:—Three years ago life looked dark to me. I had ulceration and inflammation of the female organs and was in a serious condition. My health was completely broken down and the doctor told me that if I was not operated upon I would die within six months. I told him I would have no operation but would try Lydia E. Pinkham's Vegetable Compound. He tried to influence me against it but I sent for the medicine that same day and began to use it faithfully. Within five days I felt relief but was not entirely cured until I used it for some time.

"Your medicine is certainly fine. I have induced several friends and neighbors to buy it and I know more than a dozen who had female troubles and who to-day are as well and strong as I am from using your Vegetable Compound."

Lydia E. Pinkham's Vegetable Compound at once removes such troubles. Refuse to buy any other medicine, for you need the best. Mrs. Pinkham, daughter-in-law of Lydia E. Pinkham, invites all sick women to write her for advice. Her advice and medicine have restored thousands to health. Address, Lynn, Mass.

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

That Delightful Aid to Health



Paxtine
Toilet Antiseptic
Whitens the teeth—purifies mouth and breath—cures nasal catarrh, sore throat, sore eyes, and by direct application cures all inflamed, ulcerated and catarrhal conditions caused by feminine ills.
Paxtine possesses extraordinary cleansing, healing, and germicidal qualities unlike anything else. At all druggists, 50 cents.
LARGE TRIAL PACKAGE FREE.
The R. Paxton Co., Boston, Mass.

Mix Your Baking With Good Luck

Perhaps you've noticed that oftentimes the batch of raised biscuits with which you take most pains comes out the worst. That's because you forgot to put in the "luck."

Good Luck Baking Powder will produce a light, crisp baking every time—for a fact. Its use will save those spoiled bakings, because Good Luck is the always-reliable baking powder. Strength invariably the same, and highest purity guaranteed.



GOOD LUCK Baking Powder

costs less than any other good powder—only 10 cents for a pound can. It is so popular with those who have once tried it that we are shipping to your section in whole carload lots. Hoping to get you to try it we offer you many handsome premiums, pictures of which are shown in gift book inside each can. Buy a pound can to-day; cut the coupon from back of label, and save it.

THE SOUTHERN MFG. CO., Richmond, Va.



PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One line, package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Fix Colors. PUTNAM DYE CO., Unionville, Massachusetts.

For Your Liver

"I had dumb chills and fever," writes Edna Rutherford, of Atlanta, Tex., "and suffered more than I can tell. I tried all the medicines I could think of and four doctors, but nothing helped until I began to take
Thedford's BLACK-DRAUGHT
I now feel better than I have in many months and thank God and you for your wonderful medicine." For Constipation, Indigestion, Stomach Trouble, Bileousness, Sick Headache, Sallow Complexion, Pimples, Blisters, Impure Blood and all troubles caused by an inactive Liver, Thedford's Black-Draught will be found a safe and reliable remedy. Be sure you get Thedford's.
At all Druggists, 25c and \$1.00.